


Deconstructing Advanced Progressive Lens Designs: A Stepwise Approach



Michelle J. Hoff, OD, FAAO, ABOM, FNAO
Associate Clinical Professor
University of California Berkeley
Herbert Wertheim School of Optometry and Vision Science
mhoff@berkeley.edu
mhoff@sightlinecc.com

1


Michelle J. Hoff, OD, FAAO, ABOM, FNAO



- ◆ University of California Berkeley | Associate Professor of Health Sciences
- ◆ Mindful Eyes Foundation | Founder and Executive Director
- ◆ SightLine Ophthalmic Consulting | Co-founder and CEO
- ◆ Doctor of Optometry (OD)
- ◆ Master in Ophthalmic Optics (ABOM)
- ◆ Registered Spectacle Lens Dispenser (CA-SLD)
- ◆ Licensed Optometrist (CA-DCA)

2

Disclosures



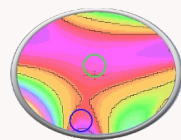
- The content of this course was developed independently without commercial bias or influence
- Consulting
 - Visionix
 - Essilor Instruments, USA
- Founding partners of SightLine Ophthalmic Consulting

3

Learning Objectives

Progressive Lens DNA

- Surfacing
 - Traditional vs Digital Design Features:
 - Enhanced
- Design
 - Dual
 - All Back Surface
- Aberration
 - Hard vs Soft
 - The Drop
 - Vertical Power Change



Review of manufacturers latest technology and product portfolios
Patient Case Review

4

Basic Progressive Lens Design

Increased curvature = increased Plus power

Oblique Plus cyl is blended in the periphery creates seamless transition for distance to near

Fundamentals of Progressive Lens Design Copyright © 2006 Darryl J Meiser and VisionCare Product News

5

Four Structural Features to Manipulate

- Distance = stable area for distance Rx
- Near = stable area for near Rx
- Corridor = zone of increasing + power, provides mid-range vision
- Blending Region = contains varying amounts of Surface Astigmatism

Fundamentals of Progressive Lens Design Copyright © 2006 Darryl J Meiser and VisionCare Product News

6

PAL DNA: 5 Concepts

1. Surfacing
2. Design
3. Aberration
4. Drop
5. Power Change

7

Surfacing

TRADITIONAL PAL SURFACING

Optimally designed for ONE prescription per base curve

8

Surfacing

FREEFORM PAL SURFACING

Prescription

8.00 B:1.00
7.00 B:1.00
5.00 B:1.00
4.00 B:1.00

ALL prescriptions can be Optimized

Software Program

Digital Surfer moves in 3D, like a record player

9

Surfacing Equipment: Traditional surfacing vs Freeform digital surfacing

Lap = Form

Software program

Digital surfer

Traditional lap surfacing machine
OR
Freeform digital surfacing machine

Freeform digital surfacing machine = driven by software program

10

Surfacing: Traditional surfacing vs Freeform digital surfacing

Lap = Form

Software program

Digital surface

Traditional lap surfacing	Freeform digital surfacing
<ul style="list-style-type: none"> • Sphere/Cyl only • Accuracy to 1/16 D (0.06 D) • PAL design on front • Back surface Rx only 	<ul style="list-style-type: none"> • Free-form surface • Accuracy to 1/100 D (0.01 D) • PAL design on Front &/or Back • Back surface Rx and aberration control • <u>Limitation - prism amount</u>

11

Design: Free Form Progressive Lens Configurations

Enhanced Semi-finished/Front Surface - FS

The Optical Free-Form Progressive Lenses by Danny Moller, October 2008

12

DUAL SURFACE DESIGN- DS

front surface Add -2.00 D

back surface Add +4.00 D

+10.00

-6.00

+8.00

-2.00

+4.00 Add +2.00

- **Aspheric** front surface
- Increased magnification at near
- Soft lens design
- Better cosmetics in high plus RX
- Preferred by hyperopes

13

ALL BACK SURFACE DESIGN - ABS

Spherical lens forms

- Meniscus (Nische and Guntler)
- More Bent with +/- 6.00 BC

- Plus Rx: - Base Curve = +6.00 Dv on the back
- Minus Rx: - Base Curve = +6.00 Dv on the front

BC = -6.00

BC = +6.00

- **Spherical** front surface
- Rx on back of lens
- More types of lens options
- Not ideal cosmetics in high plus lenses
- Hard design
- Preferred by myopes

14

Off Axis Aberrations

Wavy Squared Contours

"Subtle" Lens Design

HYPEROPIC ZONES

SOFT Distribution
Spread out more
Dual surfacing
Hyperopes (generally)

3 Basic Designs Types

"Y" design "X" design "T" design

MEDIUM SOFT HARD

Wavy Squared Contours

"Harder" Lens Design

MYOPIA ZONES

HARD Distribution
Concentrated below 180
All back surfacing
Myopes (generally)

15

Off Axis Aberration Softest to Hardest

SOFT → HARD

3 Basic Design Types: "Y" design, "X" design, "T" design

Essilor Hoya Unity Zeiss Shamir

Essilor Hoya Unity Zeiss Shamir

All of these lenses have -3.00 -0.50 x 015 in the distance With +2.25 ADD power

© 2008 Zeiss were made using the Zeiss VAXE Lens Analyzer

16

THE DROP FRP (pupil) to PRP (180)

Varilux Physio Enhanced

Material:	Plastic (E339 and 1.50)	Standard Progressive	Esilor A
Index:	1.50	FRP over location: 180mm	
Flare:	Plastic High Index (1.66)	FRP: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	
Flare:	Plastic High Index (1.66)	FRP: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	
Flare:	Plastic High Index (1.66)	FRP: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	

ZEISS Choice Plus (13, 15, 17, 19, 21)

Material:	Plastic (E339 and 1.50)	Standard Progressive	Carl Zeiss Vision
Index:	1.50	FRP over location: 180mm	
Flare:	Plastic High Index (1.66)	FRP: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	
Flare:	Plastic High Index (1.66)	FRP: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	

* number here indicates design (13, 15, 17, 19, 21)

17

Vertical Power Change

Minimum Fitting Height

Esilor of America | Varilux Comfort

Material:	Plastic (E339 and 1.50)	Standard Progressive	Esilor of America
Index:	1.50	FRP over location: 180mm	
Flare:	Plastic High Index (1.66)	FRP: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	
Flare:	Plastic High Index (1.66)	FRP: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	

Variable Corridor

Esilor of America | Varilux X

Material:	Plastic (E339 and 1.50)	Custom Progressive Design	Esilor of America
Index:	1.50	FRP over location: 180mm	
Flare:	Plastic High Index (1.66)	FRP: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	
Flare:	Plastic High Index (1.66)	FRP: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	

18

Variable Corridor PAL with visual activity profile

Balanced

Near

Intermediate

Carl Zeiss Vision | ZEISS SmartLife Individual

Material:	Plastic (E339 and 1.50)	Custom Progressive Design	Carl Zeiss Vision
Index:	1.50	PAL Design on Back side	
Flare:	Plastic High Index (1.66)	Fitting area location: Open above 180mm	
Flare:	Plastic High Index (1.66)	Rec. Minimum Fitting Height: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	
Flare:	Plastic High Index (1.66)	Available in US and Canada	

19

Vertical Power Change

Fixed Corridor

Shamir Insight Inc. | Autograph Intelligence Fixed & VARIX

Material:	Plastic (E339 and 1.50)	Standard Progressive	Shamir Insight Inc.
Index:	1.50	FRP over location: 180mm	
Flare:	Plastic High Index (1.66)	FRP: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	
Flare:	Plastic High Index (1.66)	FRP: 180mm	
Flare:	Plastic High Index (1.66)	Available as Clear, Photochromic, Polaroid	

Corridor = 18 mm, Fitting height = 180mm

Fitting area

★ Last 5mm Corridor @ 180mm - 180mm old

★ Last 5mm Corridor @ 180mm - 180mm old

Bottom of frame @ 180mm

20

Geometry 101: How much is your patient seeing?

$$\text{Area of Clarity (inches)} = \frac{\text{Lens (mm)} \times \text{Working Distance (cm)}}{\text{Vertex (mm)} \times 2.54 \text{ cm/inch}}$$

@ 40 cm: 1 mm = 1.2 inches
 @ 67 cm: 1 mm = 2.0 inches

Calculations are simplified and do not take into consideration the center of rotation or the power of the lens.

21

Sample Problem

$$\text{Area of Clarity (inches)} = \frac{\text{Lens (mm)} \times \text{Working Distance (cm)}}{\text{Vertex (mm)} \times 2.54 \text{ cm/inch}}$$

$$\text{Area of Clarity (inches)} = \frac{1 \times 550}{13} = 1.65 \text{ inches}$$

Calculations are simplified and do not take into consideration the center of rotation or the power of the lens.

22

Vertical Power Change

Fixed Corridor PAL Concept

Example: 20mm fitting height, last 3 mm of corridor = 100% add


19mm corridor 4mm near	17mm corridor 6mm near	15mm corridor 8mm near	13mm corridor 10mm near
4mm = 4.8 inches	6mm = 7.2 inches	8mm = 9.6 inches	10mm = 12 inches

23

PRODUCT INNOVATION AND EVOLUTION

24

What's the Difference?



- Decrease higher order aberrations resulting in wider sharper fields of view for all lighting conditions
- Optimize binocularity to provide similar images to each eye in all directions of gaze
- Compensate for position of wear, as well as refractive error, age, amount of add, pupil size
- Decrease off axis aberrations to widen the intermediate and near zones

25

Manufacturer Lens Product Portfolios




26

Essilor Portfolio

Free Form PAL 2 Cat. N	Free Form PAL 1 Cat. O	Premium PAL 2 Cat. F	Premium PAL 1 Cat. J
Varilux XR Design Technology 14/4(DS)	Comfort Max Fit 14/4(DS)	Comfort Max 14/4(DS)	Comfort 2 17/4(F/S)
Varilux X Design Technology Fit 14/4(DS)	Varilux X Design Technology 14/4(DS)	Comfort 2 Dra/Short 17/4/4(A/BS)	Comfort 2 Short 14/4(F/S)

3 Basic Designs Types



Aberration
Soft, X = DS
Medium Soft, Y = ABS

MINUS SOFT PLUS

27

Essilor Technology Comparison

TECHNOLOGY	WEARER BENEFIT
All Varilux® lens designs	Comfortable reading area
Digital Surfacing	Better positions near zone for large reading area
Harmful Blue Light* Protection (Essential Blue Series™)	Up to 3x more protection from Harmful Blue Light than a standard clear lens**
W.A.V.E. Technology™	Sharp vision at all distances
W.A.V.E. Technology 2™	Sharp vision at all distances even in dim lighting
Binocular Booster (Varilux® Physio® W3+) SynchronEyes™ (Varilux® X Series™)	Allows wearer to easily transition between near & far
Nanoptix™ Technology	Helps eliminate "off-balance" feeling
Xtream™ Technology	Reduces head movement within arm's reach
Personalized Measurements***	Provide maximum lens performance despite differences in frame size & shape

▲ = Optional

28

Essilor Technology Comparison

PERSONALIZED MEASUREMENTS

Required Optional, Default Measurements Accepted

	PD (Left/Right Temp)	PD (Average)	PD (Single)	Monovision	High Contrast	High Contrast/Blue	High Contrast/Color	High Contrast/Blue/Color	High Contrast/Blue/Color/High	High Contrast/Blue/Color/High/Color
Varilux XR Track	•	•	•	•	•	•	•	•	•	•
Varilux XR Design	•	•	•	•	•	•	•	•	•	•
Varilux X 4D with HVE/T	•	•	•	•	•	•	•	•	•	•
Varilux X 4DT	•	•	•	•	•	•	•	•	•	•
Varilux X Fit	•	•	•	•	•	•	•	•	•	•
Varilux Physio [®] W3+ Eyecode [™] †	•	•	•	•	•	•	•	•	•	•
Varilux Physio [®] W3+ Fit	•	•	•	•	•	•	•	•	•	•
Varilux Comfort Max Fit	•	•	•	•	•	•	•	•	•	•

† Varilux X 4D lenses, Varilux Physio W3+ Eyecode lenses are exclusive to the Visioform System.

29

Varilux XR Essilor Technology Review







30

Hoya Portfolio

Free Form PAL 2 Cat. N CM optional)	Free From PAL 1 Cat. O	Premium PAL2 Cat. F	Prem PAL 1 Cat. J
ID MyStyle2 14/4(DS) <small>Medium, Soft, Dark, Stable</small>	Array 2/ Wrap 11,13,15,17,V/L4(ABS) JCM	Array 11,13,15,17,V/4(ABS)	Hoyalux GP Wide 18/4(FS)
ID LifeStyle3 11,12,13,14,V/L(DS) <small>Stable, Medium, Dark</small>		Summit ecp IQ 18/4(FS) Summit of IQ 14/4(FS)	

Aberration
Soft X = DS
Medium Soft Y = ABS

3 Basic Design Types
"Y" design "X" design "T" design




31


Hoya Technology Comparison

HOYA Upgrade	MRK	BIT	POW	Design Options	Description
ID MyStyle 2	14	185	185	Custom	Advanced Technology for patients that demand the best. Integrated Dual Surface Design incorporated for every patient, superior optically.
MyStyle 2	14	185	185	Modular	Offers eye care for convenience, balanced.
MyStyle 2	14	185	185	Advanced	Optical design, excellent, more precise.
MyStyle 2	14	185	185	Dark	Clear and bright, more transparent & more.
MyStyle 2	14	185	185	Stable	Operational accuracy (Distance PD, distance & near).
MyStyle 2	14	185	185	Urban	Best eye design & technology, balanced and providing wider fields of view.
MyStyle 2	14	185	185	Urban	On the go and enjoy reading books and using digital devices.
MyStyle 2	14	185	185	Urban	Special most of time indoors using digital devices & reading.
MyStyle 2	14	185	185	Urban	More amblyopia when optical property of the eye is wide, strong.

ID LifeStyle 3




ID MyStyle 2



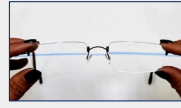
32

Hoya Technology Review

Binocular Harmonization (BHT)



73% of the population have a difference in refractive error between the eyes of 0.25D or more. ¹




- Unequal image sizes
- Vertical prism imbalance

¹ Hoya data in file, European progressive lens orders 2007-2013

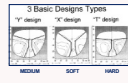
33

Shamir Portfolio




Free Form PAL 2 Cat. N (CM optional)	Free Form PAL 1 Cat. O	Premium PAL2 Cat. F
Autograph Intelligence 11, 13, 15, 18, V14(ABS)	Autograph II 11, 13, 15, 18, V14(ABS)/CM	Spectrum+ 14, 16, 18/4(ABS)
Autograph III 11, 13, 15, 18, V14(ABS)	Autograph II Attitude 18, 15/4(ABS)/CM	
Attitude III Fashion 18, 15/4(ABS) Attitude III Sport 18/4(ABS)		

Aberration
Hard T = ABS



34


Progressive Lens Technology Comparison



Design	Autograph Intelligence	Autograph III	Autograph II	InTouch	Spectrum+
Technology	\$\$\$	\$\$\$	\$\$	\$	\$
Eyepoint Technology AI	<input checked="" type="checkbox"/>				
Continuous Design	<input checked="" type="checkbox"/>				
AI Engine	<input checked="" type="checkbox"/>				
Eyepoint Technology III		<input checked="" type="checkbox"/>			
Natural Posture	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
IntellCorridor	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>
AI-Worn Quadra	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>
Eyepoint Technology				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Eyepoint Technology AI-Worn				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Close-Up	<input checked="" type="checkbox"/>				


35

Zeiss Portfolio



Free Form PAL 2 Cat. N (CM optional)	Free Form PAL 1 Cat. O	Premium PAL 2 Cat. F	Premium PAL 1 Cat. J
SmartLife Individual IN 13/6(ABS) SmartLife Individual IN (S.M.L.)14, 16, 18/6(ABS)	SmartLife Pure (S.M.L.) 14, 16, 18/6(ABS)	Choice 13-15-17-19/6(ABS)	Gradal RD 21/6(FS)
	SmartLife Plus 13/6(ABS)	GT2/Short 17/13.4(FS)	
	SmartLife Superb 13/6(ABS)/CM		

Aberration
Hard T = ABS



36

Zeiss Technology Comparison

	Intermediate Progressive Plus	Intermediate Progressive Plus	Intermediate Progressive Plus	Intermediate Progressive Plus
IndividualFit™ Technology Optimizes the individual position of water parameter for 50 percent of lens area				
Free-Form Technology Optimizes the individual position of water parameter for 50 percent of lens area				
FormFit™ Technology Optimizes the individual position of water parameter for full perimeter of lens area	14 mm(2) 14 mm(2)			14 mm(2) 14 mm(2)
Free-Form Technology Optimizes the near zone for better reading				
Free-Form Technology Optimizes the near zone for better reading				
Free-Form Technology Optimizes the near zone for better reading				
Free-Form Technology Optimizes the near zone for better reading				
Free-Form Technology Optimizes the near zone for better reading				

SmartView Technology

- **Smart System Optics**
Use of the all-AR system creates an ultra-thin, lightweight lens with superior optical performance.
- **AR Intelligence**
Optimizes the individual position of water parameter for 50 percent of lens area.

37

Zeiss SmartLife Individual Technology Review

IndividualFit technology
Different design options for different lifestyles

Balanced

Distance zone ***
Intermediate zone ***
Near zone **

Intermediate

Distance zone ***
Intermediate zone ****
Near zone **

Near

Distance zone ***
Intermediate zone ***
Near zone ****

Available in Short, Medium, or Long Corridors

38

Unity Portfolio

Free Form PAL 2 Cat. N (CM optional)	Free Form PAL 1 Cat. O	Premium PAL 2 Cat. F	Premium PAL 1 Cat. J
Via Elite II 12/4(ABS)	Via Plus II 12/4(ABS)/CM	Via II 12/4(ABS)	Ethos Plus 18/14/4(ABS)
	Via Wrap II 12/4(ABS)/CM		

3 Basic Designs Types
"Y" design "X" design "Z" design

Aberration
Medium Soft Y = ABS

MEDIUM SOFT HARD

39

Unity Technology Comparison

Technology	Patient Benefit	Unity Via Elite II	Unity Via Plus II, Mobile II, Wrap II	Unity Via II
Advanced Fit	Allows patient to easily find intermediate, near and preferred reading distance. Allows more natural posture and unsurpassed visual ergonomics.	•		
Innovative (NEW)	Provides less unwanted astigmatism, improves adaptation and visual comfort	•	•	
Digital Viewpoint	Optimized prescription at every point of the lens. Minimized peripheral distortion.	•	•	
EquiBalance (NEW)	Provides sharper peripheral vision, corrects inherent imbalance of astigmatism between nasal, temporal areas	•	•	•
OptiScreen (NEW)	Optimized lens design for digital device use, provides wider, clearer intermediate	•	•	•
Automatic Reading Height Optimization	Each lens is customized for the individual patient ensuring that the full add power is fit inside the frame.	•	•	•
Variable Inset	Larger usable reading area.	•	•	•

40

IOT Portfolio

Free Form PAL 3	Free Form PAL 2	Free Form PAL1	Specialty FF PAL
Camber Steady Plus Balanced 14-18mm(DS) Medium	Endless Steady Balanced 14-18mm(ABS) Medium	Essential Steady Balanced 14-18mm(ABS) Medium	Endless Pilot 14, 16, 18mm(ABS) Medium
Camber Steady Plus Distance 14-18mm(DS) Medium	Endless Steady Distance 14-18mm(ABS) Medium	Essential Steady Distance 14-18mm(ABS) Medium	
Camber Steady Plus Intermediate 14-18mm(DS) Soft	Endless Steady Intermediate 14-18mm(ABS) Soft	Essential Steady Intermediate 14-18mm(ABS) Soft	
Camber Steady Plus Near 14-18mm(DS) Medium	Endless Steady Near 14-18mm(ABS) Medium	Essential Steady Near 14-18mm(ABS) Medium	

3 Basic Designs Types
 "Y" design "X" design "T" design

IOT - Inhouse Optical Technologies Minimum Fitting Heights can fit manually or automatic

41

IOT Technology

Camber lens blank

Steady Methodology

Digital Ray-Path 2

Personalized Parameters

Steady Plus Methodology

42

IOT Technology Comparison

Technology	Essential Steady	Endless Steady	Camber Steady Plus
Camber			●
Steady Plus Methodology			●
Steady Methodology	●	●	
IOT Digital Ray-Path 2		●	●

43

IOT Endless Pilot Progressive

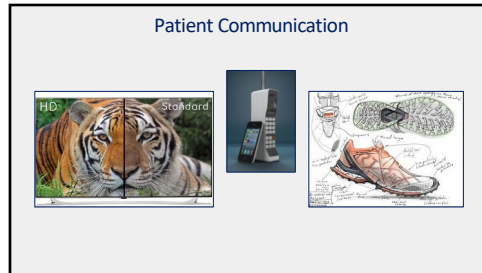
Innovative Technology

Near focus segment
 +
 @ 33mm
 Seen above the pupil

Progressive lens
 +
 Endless Pilot Progressive

- Free Form Design
- All Back Surface
- 14, 16, 18mm MFH
- 4mm Drop
- Medium Aberration Pattern

44



45




46

What are you going to prescribe for Ted?

Ted is a 53 y.o. M. LEE: 2 yrs.
CC: decreased Dist & Int vision
 Pt wears 2 pair of glasses (SVD and SVN)
 Interested in all purpose glasses

Lensometry
Dist Rx
 OD -2.75 -1.25 x 085 20/25
 OS -3.00 -1.50 x 085 20/25
Near Rx (Effective ADD = +1.50)
 OD -1.25 -1.25 x 085 6M
 OS -1.50 -1.50 x 085 6M



Manifest Refraction
 OD -3.25 -1.25 x 085 20/15
 OS -3.50 -1.50 x 085 20/15
 Add +2.25

Spectacle Recommendations

- near task specific lenses = computer use
- general wear progressive = indoor
- GVPAL sunglasses
- task specific: musician glasses

Ted would like a frame that is similar to the one he wears.
 Fitting Height = 22 mm

47

Lens Portfolio

Freeform PAL 2 (P)	Freeform PAL 1 (P)	Freeform PAL 1 (P)
Freeform PAL 2 (P) Varilux XR 14	Freeform PAL 1 (P) Varilux X Design 14	Freeform PAL 1 (P) Varilux Comfort Max 14 Varilux Physio Comfort 1714
ZWISS SmartLife Individual, Individual 1, Individual N 13 SmartLife Individual, Individual N, 8, 14, M 16, L 18		
NOTES ID Lifestyle Outdoor/Indoor/Urban 11, 12, 13, 14, V1 ID MyStyle2 Modern/Adventure/Detail/Style 14		
SHARR Autograph Intelligence 11, 13, 15, 16, V Altitude III Fashion 16, 15 Altitude III Sport 15		NOTES Army 2 11, 13, 15, 17, V1 OD -3.25 -1.25 x 085 OS -3.50 -1.50 x 085 Add +2.25 Fitting Ht. = 22mm
UNITY Unity Via 12 Unity Via Plus/Way II 12 Unity Via II 12		

48

What are you going to prescribe for Debbie?

Debbie 48 y.o. F
First eye exam


CC: She doesn't like taking her glasses on and off and relies on them all day long.

Lensometry
+2.50 OTC for reading and computer
Work well for far/Near. Takes off for Dist.

Unaided acuities
20/25- OD
20/25- OS

Manifest Refraction
OD +1.00 DS 20/20
OS +1.00 DS 20/20

BV, OH, SH: WNL/unremarkable.



49

Lens Portfolio


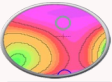
Freeform PAL 2 (P)	Freeform PAL 1 (P)	Premium PAL 1 (P)
ESSE-OR Varilux XR 14	ESSE-OR Varilux X Design 14	ESSE-OR Varilux Comfort Max 14 Varilux Physio DR/Short 17/14
ZISS SmartLife Individual, Individual I, Individual N 13 SmartLife Individual, Individual I, Individual N 14, M 16, L 18		
HOYA iD LifeStyle3 Outdoor/Urban 11,12,13,14,VL iD MyStyle2 Modern/Adventure/Detail/Stable 14	HOYA Amy 2 11, 13, 15, 17, VL	
SHAWR Autograph Intelligence 11,13,15,18,V Autograph III Fashion 18,15 Autograph III Sport 15	SHAWR Autograph II 11,13,15,18,V Autograph II Altitude 18,15	
UNIFY Uny Elite II 12	UNIFY Uny Via Plus/Whip II 12	UNIFY Uny Via II 12

50

Troubleshooting: Rx check for Debbie

CC
"My distance vision is great, but I have to tilt my chin up to see my computer clearly and to read at near."

What are the steps do you take to troubleshoot this CC?

Varilux X

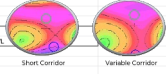
- Freeform
- Dual Surface
- Soft Padtem
- Variable Corridor

Custom Progressive Design
PAL Design on Front and Back side
Fitting cross location: 6mm above 180 line
RAC: minimum fitting height: 17mm
Available as: Photochromic/Polarized
Available in: US and Canada

51

Lens Portfolio

Freeform PAL 2 (P)	Freeform PAL 1 (P)	Premium PAL 1 (P)
ESSE-OR Varilux X FR 14	ESSE-OR Varilux X Design 14	ESSE-OR Varilux Comfort Max 14 Varilux Physio DR/Short 17/14
ZISS SmartLife Individual, Individual I, Individual N 13 SmartLife Individual, Individual I, Individual N 14, M 16, L 18		
HOYA iD LifeStyle3 Outdoor <input checked="" type="checkbox"/> Urban 1 <input checked="" type="checkbox"/> VL iD MyStyle2 Modern/Adventure/Detail/Stable 14	HOYA Amy 2 11, 13, 15, 17, VL	HOYA Variable Corridor
SHAWR Autograph Intelligence 11,13,15,18,V Autograph III Fashion 18,15 Autograph III Sport 15	SHAWR Autograph II 11,13,15,18,V Autograph II Altitude 18,15	SHAWR OD +1.00 DS OS +1.00 DS Fitting Ht. = 28
UNIFY Uny Elite II 12	UNIFY Uny Via Plus/Whip II 12	UNIFY Uny Via II 12



52


What are you going to prescribe for Walter?

Walter is a 50 y.o. M LEE: 2 yrs
 CC "I am here to update my prescription. I have no problems with distance vision using my glasses, but I am having trouble reading with them".


Lensometry
 OD +1.00 DS
 OS +1.00 DS
 ADD +1.50

Manifest Refraction
 OD +1.00DS 20/15
 OS +1.00DS 20/15
 ADD +2.00

BV, OH, SH: WNL/unremarkable



Varilux Comfort



Standard Progressive
 PAL Design on Front side
 Fitting cross location: 4mm above 180 line
 Rec. minimum fitting height: 17mm
 Available as: Clear, Photochromic, Polarized
 Available in: US and Canada

53

Lens Portfolio

Freeform PAL 2 (R)	Freeform PAL 1 (L)	Premium PAL 1 (R)
ESSE-DR Varilux XR 14	ESSE-DR Varilux X Design 14	ESSE-DR Varilux Comfort Blue 14 Varilux Physio DR/Soft 17/14
ESSE SmartLife Individual, Individual I, Individual N 13 SmartLife Individual, Individual I, Individual N 5, 14, M 16, L 18		
HDVA HD Lifestyle3 Outdoor/Indoor/Urban 11,12,13,14,VL HD MyStyle2 Modern/Adventure/Detail/Stable 14	HDVA Army 2, 11, 13, 15, 17, VL	
SHABBI Autograph Intelligence 11,13,15,18,V Autolux III Fashion 18,15 Autolux III Sport 15	SHABBI Autograph 9 11,13,15,18,V Autograph 9 Autolux 18,15	
LINITY LinX Elite 9 12	LINITY LinX Via Plus/Wrap 9 12	LINITY LinX Via 9 12

54

What are you going to prescribe for Danny?

59 y.o.
 Full time glasses wear, takes his glasses off to read

CC "Ever since I started using PAL's, my distance is not as sharp as before I needed PAL's. Is there something new that I can try?"

-2.50 DS OU 20/20 OD/OS, add +2.50

BV, OH, SH: WNL/unremarkable

PAL history:
 1st time PAL = Varilux Comfort
 Followed by:
 Varilux Comfort Enhanced
 Varilux Physio Enhanced

Should we prescribe Varilux XR Design?





Varilux XR Design

Custom Progressive Design
 PAL Design on Front and Back side
 Fitting cross location: 4mm above 180 line
 Rec. minimum fitting height: 17mm
 Available as: Photochromic, Polarized
 Available in: US and Canada

55

Lens Portfolio

Freeform PAL 2 (R) ESSE-DR Varilux XR 14	 <p>Zeiss SmartLife Individual</p> <ul style="list-style-type: none"> • Freeform • ABS • Hard Pattern • Fixed or Variable 	 <p>Varilux X Design</p> <ul style="list-style-type: none"> • Freeform • Dual Surface • Soft Pattern • Variable Corridor
ESSE SmartLife Individual, Individual I, Individual N 13 SmartLife Individual, Individual I, Individual N 5, 14, M 16, L 18		
HDVA HD Lifestyle3 Outdoor/Indoor/Urban 11,12,13,14,VL HD MyStyle2 Modern/Adventure/Detail/Stable 14		
SHABBI Autograph Intelligence 11,13,15,18,V Autolux III Fashion 18,15 Autolux III Sport 15		

56

Contoured Prism Lens

Digital Eye Strain: a form of Trigeminal (CN5) Dysphoria

The diagram illustrates the concept of a contoured prism lens as a solution for digital eye strain, which is described as a form of Trigeminal (CN5) Dysphoria. It features a flowchart showing the progression from digital eye strain to contoured prism lenses and back to digital eye strain. Below this, a detailed flowchart titled 'Hypothesized pathophysiological pathway' shows the connection between digital eye strain, trigeminal nerve activation, and the resulting symptoms of digital eye strain.

57

Diagnostic Tools

The screenshot displays a diagnostic tool interface with a 'LifeStyle Index' section on the left and a table of measurements on the right. The table includes distance and near measurements for various parameters like MQI, EXD, and HYPER, along with an A/G/A ratio and neuro lens values for different prescriptions.

DISTANCE MEASUREMENT		NEAR MEASUREMENT	
EXD (AVE POSITIVE)	64.60mm	EXD (AVE POSITIVE)	64.95mm
MQI	1.00	MQI	1.00
EXD (AVE)	2.41A EXD	EXD (AVE)	3.35A EXD
HYPER (AVE)	0.12B L-HYPER	HYPER (AVE)	0.62B L-HYPER
VERTICAL MQI	HIGH	VERTICAL MQI	HIGH
A/G/A RATIO 1.24 A/D			
NEUROLENS VALUE			
PRESCRIBER	DD	OS	
	1.7 B	0.9 B	0.9 B

58

NeuroLens Portfolio

The screenshot shows the NeuroLens software interface with two main lens design options: 'NeuroLens PAL' (Free Form 18/2(ABS) Medium) and 'NeuroLens Office' (Free Form 18/2(ABS) Near Task Specific). Below these, three basic design types are shown: 'Y' design, 'X' design, and 'T' design, each with a corresponding lens diagram.

59

At the End of the Day

The image shows a desert landscape at sunset with a saguaro cactus in the foreground. Below the image, there are two bullet points for reflection:

- Did I address the chief concern with appropriate recommendations?
- Is what I am prescribing an improvement over what the patient has or is used to?

60

THANK YOU!



Michelle J. Hoff, OD, FAAO, ABOM, FNAO
Associate Clinical Professor
mhoff@berkeley.edu
mhoff@sightlineoc.com

61